

SEASONAL MENU

Seasonally-inspired dishes cooked
fresh at Scotsdales Fordham

OPENING TIMES

Mon - Sat
9am - 4.30pm

Sun
10am - 4pm



DRINKS

Mon - Sat 9am - 4.30pm
Sun 10am - 4pm

COFFEE

Espresso	£2.70
Double Espresso	£3.00
Americano <i>regular</i>	£3.00
Americano <i>large</i>	£3.20
Cappuccino <i>regular</i>	£3.25
Cappuccino <i>large</i>	£3.45
Latte	£3.20
Flat White	£3.20
Mocha	£3.45
Espresso Macchiato	£3.10
Iced Coffee <i>black / white</i>	£3.10

HOT DRINKS

Pot of Tea per person	£2.30
Speciality Teas	£2.65
Iced Tea	£3.10
Chai Latte	£3.20
Hot Chocolate	£3.20
Luxury Hot Chocolate <i>served with squirty cream and marshmallows</i>	£4.15
Babyccino	£1.60
Baby Chocolate	£1.60

EXTRAS

Espresso shot.....	+£0.90	Marshmallows.....	+£0.50
Syrup.....	+£0.90	Squirty cream.....	+£0.50

SHARE YOUR EXPERIENCE

We hope you've enjoyed your visit. If you have, why not share a photo on socials with *#SunflowerCafé* or share your experience in a review for others to read.



LOVE LOCAL

Coffee World®

We've teamed up with Cambridge-based coffee roasters Coffee World to create our own signature blend.

With Coffee World's 35 years of experience sourcing the finest arabica beans and roasting, we're confident you'll love the Scotsdales Roast's medium bodied flavour with hints of chocolate, citrus and hazelnut.



BREAKFAST

Mon - Sat 9am - 11.30am

Sun 10am - 11.30am

Sunflower Breakfast

1 Local sausage, 1 slice of bacon, 1 hash brown, mushrooms, 1 grilled tomato, a portion of baked beans and 1 slice of wholemeal or white toast

Choice of:

Scrambled egg

Fried egg

Poached egg

£9.95



Big Breakfast

2 Local sausages, 2 slices of bacon, 2 hash browns, mushrooms, 2 grilled tomatoes, a portion of baked beans and 1 slice of wholemeal or white toast

Choice of:

2 Scrambled eggs

2 Fried eggs

2 Poached eggs

£13.95



Veggie Breakfast

2 Vegan sausages, 1 hash brown, mushrooms, 1 grilled tomato, a portion of baked beans and 1 slice of wholemeal or white toast

Choice of:

Scrambled egg

Fried egg

Poached egg

£9.95



Breakfast Bap

Locally made farmhouse bap

Choice of filling:

2 Local sausages

3 Slices of bacon

2 Fried eggs

£5.95



Vegan Breakfast

3 Vegan sausages, 1 hash brown, mushrooms, 1 grilled tomato, a portion of baked beans and 1 slice of wholemeal or white toast

£9.95



Children's Breakfast

1 Local sausage, scrambled egg, 1 hash brown, a portion of baked beans and 1 slice of wholemeal or white toast

£7.25



Granola Bowl

Greek yogurt served with granola, fruit compote, honey and toasted pumpkin seeds

£5.50



Avocado and Poached Eggs

Smashed avocado, red onion, lime juice and coriander topped with poached eggs, served on sourdough toast with a hot sriracha sauce

£7.95



Breakfast on Toast

2 Slices of wholemeal or white toast

from £4.95



Choice of topping:

Baked beans £4.95

Fried eggs £4.95

Poached eggs £4.95

Scrambled eggs £5.95



Big Breakfast
served with extra toast

ADDITIONAL ITEMS

Available with any breakfast dish

1 Sausage.....+ £1.50



2 Slices of bacon.....+ £1.50



1 Egg.....+ £1.50



1 Hash brown.....+ £1.50



Baked beans.....+ £1.50



Grilled tomato.....+ £1.50



Mushrooms.....+ £1.50



1 Slice of sourdough....+ £1.50



2 Slices of toast.....+ £1.95



A choice of white, wholemeal or NICG bread, served with butter or margarine

We're unable to offer swaps on any items listed in the breakfast dishes

LUNCH

Mon - Sat 11.30am - 3pm

SANDWICHES

Served 11.30am - 3pm

A choice of white, wholemeal or NICG bread, served with a salad garnish and coleslaw

Choice of filling:

Egg Mayo and Cress £8.95

Cheese and Red Onion Marmalade £8.95

Ham, Dijon Mustard and Salad £8.95

Fish Fingers with Tartare Sauce £8.95

Served until 2.30pm

Tuna Mayo and Cucumber £9.95

Prawns in Marie-Rose Sauce £9.95

Coronation Chicken £9.95

BLT with Mayo £9.95

from £8.95



PANINIS

Served 11.30am - 3pm

Served with a salad garnish and coleslaw

Choice of filling:

Cheese

Tuna and Cheese Melt

Ham and Cheese

Brie and Red Onion Marmalade

Additional topping:

Add sliced tomatoes + £1.00

Add mushrooms + £1.00

Add bacon jam + £1.50

Add bacon + £1.50

£8.95



JACKET POTATOES

Served 11.30am - 3pm

Served with a salad garnish and coleslaw

Choice of topping:

Plain £6.95

Baked Beans £8.95

Cheese and Baked Beans £8.95

Tuna Mayo and Spring Onion £9.95

Coronation Chicken £9.95

Prawns in Marie-Rose Sauce £9.95

Additional topping:

Add cheese or vegan cheese + £1.50

from £6.95



SPECIALS BOARD

Please view our specials board for dishes available today that are not featured in this menu

MAINS

Served 11.30am - 2.30pm

Soup of the Day

£4.95

Additional extra:

Add a homemade rosemary and garlic focaccia bread + £1.00



Pastry Meal

£10.95

Served with chips and baked beans

Choice of hot pastry:

Meat Pasty

Cheese and Onion Pasty

Vegan Pasty

Sausage Roll



Quiche of the Day

£10.95

Served with salad, coleslaw and chips or hasselback potatoes

Mac and Cheese

£11.95

Served with garlic bread and a side salad

Sausage, Egg and Chips

£11.95

Local sausage served with peas or baked beans



Swap peas or baked beans for side salad + £1.50

Ham, Egg and Chips

£11.95

Served with peas or baked beans



Swap peas or baked beans for side salad + £1.50

Beef Lasagne

£12.95

Served with a side salad and garlic bread

All Day Breakfast

£12.45

2 Fried eggs, 2 local sausages, 2 slices of bacon, 2 hash browns, mushrooms, a portion of baked beans and 1 slice of toast



Scampi and Chips

£12.95

Served with baked beans or peas, tartare sauce and a lemon wedge

Swap peas or baked beans for side salad + £1.50

LUNCH

Mon - Sat 11.30am - 3pm

BURGERS

Served 11.30am - 2.30pm

Cheese Burger

£12.95

Steak burger topped with bacon jam, burger sauce and applewood cheese in a toasted bun served with salad and a side of coleslaw and chips

Spicy Bean Burger

£11.95

A spicy bean burger served with lettuce, sliced tomato, smashed avocado, salad and chips

Add cheese or vegan cheese + £1.50

SUMMER SALADS

from £11.95

Served 11.30am - 3pm

A salad of mixed leaves, cucumber, tomatoes and coleslaw

Choice of:

Cheese Salad £11.95

Ham Salad £12.95

Tuna Salad £12.95

Hot Chicken and Bacon Salad £12.95

Prawn Salad £12.95

LIGHT BITES

Available all day, subject to availability

Toasted Teacake

£2.95

Served with butter or margarine

Add a pot of jam + £0.70

Fruit Scone

£2.75

Add a pot of jam + £0.70

Add clotted cream + £1.50

Cheese Scone

£2.95

Add red onion marmalade + £1.50

Selection of Cakes

from £3.15

Available at the counter

EXTRAS

Available with any lunch dish

House salad.....£3.95

Chips.....£3.95

Cheesy chips.....£4.95

CHILDREN'S MENU

Served 11.30am - 3pm

Children's Sandwiches

£3.75

Served with salad and a choice of white, wholemeal or NICG bread

Choice of filling:

Egg

Ham

Tuna

Fish Fingers served until 2.30pm

HOT DISHES

Served 11.30am - 2.30pm

All hot meals are served with a children's drink

Sausages and Chips

£6.25

Served with a choice of baked beans or peas

Crispy Chicken

£6.25

Chunks and Chips

Served with a choice of baked beans or peas

Ham and Chips

£6.25

Served with a choice of baked beans or peas

Fish Fingers and Chips

£6.25

Served with a choice of baked beans or peas

½ Jacket Potato

£6.25

Served with a salad garnish and coleslaw

Choice of topping:

Baked Beans

Cheese

Tuna Mayo

Cheesy Peasy Pasta

£6.25

A bowl of penne pasta in a cheesy sauce, topped with peas

½ Scampi

£6.95

Served with chips, peas and tartare sauce

SUNDAY LUNCH

Sun 12pm - 2.30pm

SANDWICHES

from £8.95

A choice of white, wholemeal or NICG bread, served with a salad garnish and coleslaw

Choice of filling:

Egg Mayo and Cress £8.95

Cheese and Red Onion Marmalade £8.95

Ham, Dijon Mustard and Salad £8.95

Fish Fingers with Tartar Sauce £8.95

Tuna Mayo and Cucumber £9.95

Prawns in Marie-Rose Sauce £9.95

Coronation Chicken £9.95

BLT with Mayo £9.95



PANINIS

£8.95

Served with a salad garnish and coleslaw

Choice of filling:

Cheese

Tuna and Cheese Melt

Ham and Cheese

Brie and Red Onion Marmalade

Additional topping:

Add sliced tomatoes + £1.00

Add mushrooms + £1.00

Add bacon jam + £1.50

Add bacon + £1.50



JACKET POTATOES

from £6.95

Served with a salad garnish and coleslaw

Choice of topping:

Plain £6.95

Baked Beans £8.95

Cheese and Baked Beans £8.95

Tuna Mayo and Spring Onion £9.95

Coronation Chicken £9.95

Prawns in Marie-Rose Sauce £9.95

Additional topping:

Add cheese or vegan cheese + £1.50



EXTRAS Subject to availability

House salad.....£3.95

Chips.....£3.95

Cheesy chips.....£4.95



MAINS

Soup of the Day

£4.95

Additional extra:

Add a homemade rosemary and garlic focaccia bread + £1.00



Pastry Meal

£10.95

Served with chips and baked beans

Choice of hot pastry:

Meat Pasty

Cheese and Onion Pasty

Vegan Pasty

Sausage Roll



Quiche of the Day

£10.95

Served with salad, coleslaw and chips or hasselback potatoes

SUMMER SALADS

from £11.95

Served 11am - 2.30pm

A salad of mixed leaves, cucumber, tomatoes and coleslaw

Choice of:

Cheese Salad £11.95

Ham Salad £12.95

Tuna Salad £12.95

Hot Chicken and Bacon Salad £12.95

Prawn Salad £12.95



LIGHT BITES

Available all day, subject to availability

Toasted Teacake

£2.95

Served with butter or margarine

Add a pot of jam + £0.70



Fruit Scone

£2.75

Add a pot of jam + £0.70

Add clotted cream + £1.50



Cheese Scone

£2.95

Add red onion marmalade + £1.50



Selection of Cakes

from £3.15

Available at the counter



SUNDAY LUNCH

Sun 12pm - 2.30pm

SUNDAY ROASTS

Topside of Beef

Served with roasted potatoes, roasted vegetables, cabbage, gravy, horseradish sauce and a Yorkshire pudding

Adult's £15.95

Child's £7.95



Roast Pork Loin

Served with roasted potatoes, roasted vegetables, cabbage, gravy, apple sauce and a Yorkshire pudding

Adult's £15.95

Child's £7.95



Vegan Butternut Squash Wellington

A butternut squash, walnut, mushroom and spinach pureé filled Wellington served with roasted potatoes, roasted vegetables, cabbage, gravy and a Yorkshire pudding

Adult's £14.95

Child's £7.95




ROAST DINNER EXTRAS

Roasted vegetables.....+£1.95   

Roasted potatoes.....+£1.95  

Yorkshire pudding.....+£1.50 

Gravy.....+£1.50  

Mix of roasted vegetables and potatoes.....+£3.50   

CHILDREN'S MENU

Children's Sandwiches

£3.75

Served with salad and a choice of white, wholemeal or NICG bread



Choice of filling:

Egg



Ham



Tuna



Fish Fingers served until 2.30pm



HOT DISHES

All hot meals are served with a children's drink

Crispy Chicken

Chunks and Chips

£6.25

Served with a choice of baked beans or peas



Fish Fingers and Chips

£6.25

Served with a choice of baked beans or peas



½ Jacket Potato

£6.25

Served with a salad garnish and coleslaw



Choice of topping:

Baked Beans



Cheese



Tuna Mayo



Quiche of the Day



Topside of Beef



Frangipane

ALLERGENS ICON INDEX



VEGAN



NO INGREDIENTS
CONTAINING GLUTEN



VEGAN OPTION
AVAILABLE



GLUTEN-FREE OPTION
AVAILABLE



NOT VEGAN



NO INGREDIENTS
CONTAINING DAIRY



VEGETARIAN

DISH AVAILABILITY

All dishes are subject to availability. All dishes are cooked to order and we kindly ask that you allow us the time to prepare your meal to the highest standard.

If you have a food allergy, intolerance or Coeliac disease, please speak to a member of the team before you order. We can provide allergen and ingredient information for all the food and drinks we serve.

Please be aware we do not run a nut-free or gluten-free kitchen and therefore cross-contact can occur within our kitchen and servery. We are always happy to help.

Your
SCOTSDALES

Get a little back every
time you enjoy any
refreshments in our
Sunflower Café

Earn Your Scotsdales points on
every £1 spent in store and in our
cafés that you can redeem against
purchases later on! Plus receive
monthly exclusive offers
direct to your inbox - *all for free!*



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CREAM | FOR TEA | TWO

Delicious treats made to share

Cream tea includes a homemade
scone served with clotted cream,
pot of jam and a regular hot drink
each for two people sharing

Cream tea for two £12.95

Cream tea for one £6.95

Available all day, Mon - Sun, while stocks last

TO MAKE A BOOKING

Speak to our Café Team, call 01638 720455
or email cafefordham@scotsdales.com.
Booking is only required for parties of 8+.