



# Seasonal Menu

*Seasonally-inspired* dishes cooked fresh  
at Scotsdales Great Shelford

## Opening Times

Mon - Sat	Sun
9am - 4.30pm	10am - 3.30pm

# Drinks Menu

**Coffee  
World**

Drinks served Mon - Sat 9am - 4.30pm / Sun 10am - 3.30pm

## Coffee

Espresso	£2.55
Double Espresso	£2.85
Americano <i>regular / large</i>	£2.85 / £3.05
Cappuccino <i>regular / large</i>	£3.10 / £3.25
Latte	£3.05
Flat White	£3.05
Mocha	£3.25
Espresso Macchiato	£2.95
Iced Coffee <i>black / white</i>	£2.95

## Hot Drinks

Pot of Tea <i>per person</i>	£2.20
Speciality Teas	£2.59
Iced Tea	£2.95
Chai Latte	£3.05
Hot Chocolate	£3.05
Luxury Hot Chocolate <i>served with squirty cream and marshmallows</i>	£3.95
Babyccino	£1.50
Baby Chocolate	£1.50

## Share your experience

We hope you've enjoyed your visit. If you have, why not *share a photo on socials* with *#SunflowerCafé* or share your experience in a review for others to read.



## Extras!

Extra Espresso Shot	£0.85
Syrup	£0.85
Marshmallows	£0.50
Squirty Cream	£0.50

## Supporting Local

We've teamed up with *Cambridge-based* coffee roasters *Coffee World* to create our own signature blend.

With *Coffee World's* 35 years experience sourcing the finest arabica beans and roasting, we're confident you'll love the Scotsdales Roast's medium bodied flavour with hints of chocolate, citrus and hazelnut.



**ShelterBox**



# Breakfast

Served Mon - Sat 9am - 11.30am / Sun 10am - 11.30am

## Light Breakfast

1 local sausage, 1 slice of bacon, 1 fried egg, 1 hash brown, mushrooms and a portion of baked beans (NICG) (NICD)

£7.95

## Full English Breakfast

2 local sausages, 2 slices of bacon, 1 fried egg, 2 hash browns, mushrooms, tomatoes and a portion of baked beans (NICG) (NICD)

£10.95

## Plant-based Breakfast

2 vegan sausages, ½ avocado, 2 hash browns, mushrooms, tomatoes and a portion of baked beans (NICD) (Vg)

£9.95

## Kids' Breakfast

1 local sausage, 1 slice of bacon, scrambled eggs, 1 hash brown, a portion of baked beans and 1 slice of white or brown toast (NICG) (NICD)

£7.25

## Locally Baked Bap

Local farmhouse bap filled with a choice of: 3 slices of bacon, 2 local sausages or 2 vegan sausages (NICG bread available) (NICD)

£5.95

## Scrambled Eggs & Toast

Toasted artisan sourdough bread topped with free-range scrambled eggs and butter (NICG bread available)

Choice of additional extras:

Sliced avocado half + £1.50 (NICG) (NICD)

2 slices of bacon + £1.50 (NICG) (NICD)

Sliced smoked salmon + £3.00 (NICG) (NICD)

£5.95

## Toast

2 slices of locally baked white or wholemeal toast served with butter (dairy-free Flora & NICG bread available)

£1.95

## Toasted Teacake

Served with butter (V)

£2.95

## Granola

Served with yoghurt and forest fruits, topped with honey (V)

£5.50

## Additional Items

+ £1.50

Available with any breakfast dish

Sausage - 2 Slices of Bacon - Fried Egg - 2 Hash Browns - Baked Beans

# Light Lunch

Mon - Sat 11.30am - 3.30pm

All dishes are cooked to order and so we kindly ask that you allow us time to prepare your meal to the highest standard

*All dishes are subject to availability*

## Sandwiches

£8.95

**Locally baked white or wholemeal bread served with a mixed salad and crisps (NICG bread available)**

Ham Salad - Tomato, Cucumber and Lettuce (NICD) (NICG)

Tuna Mayo and Cucumber (NICD) (NICG)

BLT - Bacon, Lettuce and Tomato with Mayo (NICD) (NICG)

Cheese, Pickle and Tomato (V) (NICG)

Prawns in a Marie-Rose Sauce and Lettuce (NICD) (NICG)

Coronation Chicken (NICD) (NICG)

*Swap crisps for chips + £1.50*

## Wraps

£9.95

**Soft tortilla wrap served with crisps and a mixed salad**

**Choice of filling:**

Falafel, Roasted Peppers, Hummus and Lettuce (Vg)

Crispy Chicken Strips, Sweet Chilli Mayo, Lettuce, Tomato and Cucumber

*Swap crisps for chips + £1.50*

## Paninis

from £8.95

**Warm panini served with crisps and a mixed salad (NICG bread available)**

**Choice of filling:**

Cheese and Onion (V) (NICG) £8.95

Cheese and Ham (NICG) £8.95

Cheese and Tomato (V) (NICG) £8.95

Cheese and Tuna Mayo (NICD) (NICG) £8.95

Bacon, Brie and Cranberry (NICG) £9.95

*Swap crisps for chips + £1.50*

# Main Dishes

Mon - Sat 12pm - 3pm

## Soup of the Day

£5.95

Served with a farmhouse bread roll, croutons and butter (Vg) (NICG bread available)

## Ham, Egg & Chips

£11.95

Local sliced ham served with 2 fried free-range eggs, chips and peas (NICD) (NICG)

## Sausage & Mash

£11.95

3 local sausages served with mash, roasted vegetables and gravy (NICG)

## Chicken Kiev

£12.95

Breaded chicken breast filled with a garlic butter, served with roasted vegetables and chips *or* mash

## Grasmere Farm Steak & Ale Pie

£13.95

Served with roasted vegetables, gravy and chips *or* mash

## Fish Pie

£12.95

Homemade fish pie topped with cheesy mash and served with garlic bread *or* salad

## Scampi & Chips

£12.95

Whole-tail breaded scampi served with chips, tartare sauce, peas and a lemon wedge (NICD)

## Chickpea Curry

£10.95

Chickpea and sweet potato curry served with rice and a naan bread (NICD) (Vg)

## Halloumi Burger

£11.95

Grilled halloumi in a brioche bun, topped with guacamole, tomato and lettuce, served with chips and coleslaw (V)

*Moving Moutains plant-based burger available*

*Vegan cheese available*

# Desserts

Mon - Sun 12pm - 3pm

## Apple Crumble

£4.95

Made with local apples and served with warm custard

## Sticky Toffee Pudding

£4.95

Served with a warm toffee sauce

## Jacket Potatoes

from £6.95

Mon - Sat 12pm - 3pm

Freshly baked potato served with coleslaw and a mixed salad

Choice of toppings:

Plain Jacket Potato (Vg) (NICD) (NICG) £6.95

Cheese (NICG) (V) £8.95

Cheese and Baked Beans (NICG) (V) £8.95

Beef Chilli (NICD) (NICG) £8.95

Veggie Chilli (NICD) (NICG) (Vg) £8.95

Tuna Mayo (NICD) (NICG) £9.95

Prawn Marie-Rose (NICD) (NICG) £9.95

Coronation Chicken (NICD) (NICG) £9.95

Add cheese to any topping + £1.50

Vegan cheese available

## Loaded Chips

from £4.95

Mon - Sat 11.30am - 3.30pm

Large bowl of chips with choice of toppings:

Melted Cheese (V) (NICG) £4.95

Bacon and Cheese (NICG) £6.95

Veggie Chilli and Cheese (V) (NICG) £6.95

Beef Chilli with Cheese (NICG) £7.50

## Hot Savoury Pastries & Sides

from £3.95

Bowl of Chips (NICD) (NICG) (Vg) £3.95

Side Salad (NICD) (NICG) (Vg) £3.95

Homemade Sausage Roll £3.95

Cornish Pasty £4.95

## Kids' Menu

### Kids' Hot Dishes

Mon - Sat 12pm - 3pm

All dishes served with 1 bottle of Cawston Fruity Water, flavoured milk or water

#### ½ Jacket Potato

Served with any topping and a side of coleslaw (NICG)

#### Cheese & Tomato Pizza

Served with chips or mixed salad (V)

#### Sausage & Mash

Served with peas and gravy (NICG)

#### Chicken Nuggets

Served with chips and peas or beans (NICD)

#### Penne Pasta

Topped with a tomato sauce, served with garlic bread (V)

## Kids' Sandwich Deal

Mon - Sat 11.30am - 3.30pm

A drink - Cawston Fruity Water, flavoured milk or water

A sandwich - Cheese, ham or tuna

3 snacks - Choice of items from the display



Kid's Sandwich Deal

All Kids' Menu Dishes  
£5.95

# Sunday Lunch

Available 11.30am - 3pm

All dishes are cooked to order and so we kindly ask that you allow us time to prepare your meal to the highest standard

All dishes are subject to availability

## Sandwiches

£8.95

Locally baked white or wholemeal bread served with a mixed salad and crisps  
(NICG bread available)

Ham Salad - Tomato, Cucumber and Lettuce  
(NICD) (NICG)

BLT - Bacon, Lettuce and Tomato with Mayo  
(NICD) (NICG)

Cheese, Pickle and Tomato (V) (NICG)

Tuna Mayo and Cucumber (NICD) (NICG)

Prawns in a Marie-Rose Sauce and Lettuce  
(NICG)

Coronation Chicken (NICD) (NICG)

## Paninis

from £8.95

Warm panini served with crisps and a mixed salad

Choice of filling:

Cheese and Onion (V) (NICG) £8.95

Cheese and Ham (NICG) £8.95

Cheese and Tomato (NICG) £8.95

Cheese and Tuna Mayo (NICD) (NICG) £8.95

Bacon, Brie and Cranberry (NICG) £9.95

## Wrap

£9.95

Tortilla wrap served with crisps and a mixed salad

Falafel, Roasted Peppers, Hummus and Lettuce (Vg)

Vegan cheese available

## Jacket Potatoes from £6.95

Freshly baked potato served with coleslaw and a mixed salad

Choice of toppings:

Plain Jacket Potato (NICD) (NICG) (Vg) £6.95

Cheese (NICG) (V) £8.95

Cheese and Baked Beans (NICG) (V) £8.95

Beef Chilli (NICD) (NICG) £8.95

Veggie Chilli (NICD) (NICG) (Vg) £8.95

Tuna Mayo (NICD) (NICG) £9.95

Prawn Marie-Rose (NICD) (NICG) £9.95

Coronation Chicken (NICD) (NICG) £9.95

Add cheese to any topping + £1.50



## Kids' Sunday Menu

Kids' Sandwich Deal

£5.95

Available 11.30am - 3pm

A drink - Cawston Fruity Water, flavoured milk or water

A sandwich - Cheese, ham or tuna

3 snacks - Choice of items from the display

½ Jacket Potato

£5.95

Available 12pm - 2.30pm

Served with any topping and a side of coleslaw

Sunday Roast

£7.95

Available 12pm - 2.30pm

Kids' portion of beef, pork or veggie roast, served with roast potatoes, broccoli, carrots, cauliflower cheese, parsnips, Yorkshire pudding and gravy

# Sunday Mains

Available 12pm - 2.30pm

Soup of the Day £5.95

Served with a farmhouse bread roll, croutons and butter  
(Vg) (NICG bread available)

Grasmere Farm Steak & Ale Pie £13.95

Served with seasonal vegetables, mash and gravy

Fillet of Salmon £14.95

Served with mash, roasted vegetables and a salsa verde (NICG)

## Hot Savoury Pastries

Homemade Sausage Roll £3.95

Cornish Pastry £4.95

## Desserts

Available 12pm - 3pm

Apple Crumble £4.95

Made with local apples and served with warm custard

Sticky Toffee Pudding £4.95

Served with a warm toffee sauce



Apple Crumble & Custard



Sticky Toffee Pudding

# Sunday Roasts

Available 12pm - 2.30pm

*Sunday roasts served with roast potatoes, broccoli, cauliflower cheese, parsnips & carrots, Yorkshire pudding and gravy*

Topside of Beef £15.95

Pork Shoulder £14.95

Veggie Roast (V) £13.95  
*Vegan option available*

Additional Items + £1.50  
Yorkshire pudding  
Roast potatoes  
Vegetables



Topside of Beef

## Allergies & Icon Index

NICG No ingredients containing gluten  
NICD No ingredients containing dairy  
Vg Vegan  
V Vegetarian

If you have a food allergy, intolerance or Coeliac disease please speak to a member of staff before you order as we can provide allergen and ingredient information for all of the food and drinks we serve. Please be aware we do not run a *nut-free* or *gluten-free* kitchen and therefore cross-contact can occur within our kitchen and servery. *We are always happy to help.*

# Your Scotsdales

Did you know you can get a little back every time you enjoy any refreshments in our Sunflower Café?

Earn *Your Scotsdales* points on every £1 spent in store and in our cafés that you can redeem against purchases later on! Plus receive monthly exclusive offers direct to your inbox - *all for free!*



Join instantly for *free* today by scanning the QR code or visiting [www.scotsdales.com](http://www.scotsdales.com)

4  
POINTS  
per £1 spent

Your  
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£12.50  
for two sharing

## Cream Tea for Two

Available all day Mon - Sun

Share a delicious treat with friends and family, available at all Sunflower Cafés

Cream tea includes a homemade scone served with clotted cream, pot of jam and a regular hot drink for two

Cream tea for one £6.75

Booking only required for parties of 8+

To book call 01223 842777  
email [cafeshelford@scotsdales.com](mailto:cafeshelford@scotsdales.com)  
or speak to a member of the Café Team

While stocks last