



Seasonal Menu

Seasonally-inspired dishes cooked fresh
at Scotsdales Fordham

Opening Times

Mon - Sat
9am - 4.30pm

Sun
10am - 4pm

Drinks Menu

**Coffee
World**

Drinks served Mon - Sat 9am - 4.30pm / Sun 10am - 4pm

Coffee

Espresso	£2.55
Double Espresso	£2.85
Americano <i>regular / large</i>	£2.85 / £3.05
Cappuccino <i>regular / large</i>	£3.10 / £3.25
Latte	£3.05
Flat White	£3.05
Mocha	£3.25
Espresso Macchiato	£2.95
Iced Coffee <i>black / white</i>	£2.95

Hot Drinks

Pot of Tea <i>per person</i>	£2.20
Speciality Teas	£2.59
Iced Tea	£2.95
Chai Latte	£3.05
Hot Chocolate	£3.05
Luxury Hot Chocolate <i>served with squirty cream and marshmallows</i>	£3.95
Babyccino	£1.50
Baby Chocolate	£1.50

Share your experience

We hope you've enjoyed your visit. If you have, why not *share a photo on socials* with *#SunflowerCafé* or share your experience in a review for others to read.



Extras!

Extra Espresso Shot	£0.85
Syrup	£0.85
Marshmallows	£0.50
Squirty Cream	£0.50

Supporting Local

We've teamed up with *Cambridge-based* coffee roasters *Coffee World* to create our own signature blend.

With *Coffee World's* 35 years experience sourcing the finest arabica beans and roasting, we're confident you'll love the Scotsdales Roast's medium bodied flavour with hints of chocolate, citrus and hazelnut.



Breakfast

Served daily until 11.30am

Sunflower Breakfast

1 local sausage, 1 slice of bacon, 1 hash brown, mushrooms, 1 grilled tomato, a portion of baked beans, 1 slice of toast and a choice of scrambled, fried or poached egg (NICG bread available)

£9.45

Veggie Breakfast

2 vegan sausages, 1 hash brown, mushrooms, 1 grilled tomato, a portion of baked beans, 1 slice of toast and a choice of scrambled, fried and poached egg (V) (NICG bread available)

£9.45

Vegan Breakfast

3 vegan sausages, 1 hash brown, mushrooms, 1 grilled tomato, a portion of baked beans and 1 slice of toast (Vg) (NICG bread available)

£9.45

Kids' Breakfast

1 local sausage, scrambled egg, 1 x hash brown, a portion of baked beans and 1 slice of toast (NICG bread available)

£7.25

Big Breakfast

2 slices of bacon, 2 local sausages, 2 hash browns, mushrooms, baked beans, 2 grilled tomatoes, 1 slice of toast and a choice of 2 scrambled, fried or poached eggs (NICG bread available)

£12.95

Avocado & Poached Eggs

Smashed avocado, red onion, lime juice and coriander topped with poached eggs, served on sourdough toast with a hot sriracha sauce (V) (NICD) (NICG bread available)

£7.95

Breakfast Bap

Local farmhouse bap filled with a choice of: 2 fried eggs, 3 slices of bacon, 2 local sausages or 2 vegan sausages (NICG bread available) (NICD)

£5.95

Breakfast on Toast

Baked beans on toast (Vg) (NICD) (NICG bread available) £4.95

Eggs on toast - Fried £4.95 / poached £4.95 / scrambled £5.95 (V) (NICG bread available)

from £4.95

Granola Bowl

Greek yoghurt served with granola, fruit compote, honey and toasted pumpkin seeds (V)

£5.50

We're unable to offer swaps on any items listed in the breakfast dishes

Additional Items

+ £1.50

Grilled tomato
Mushrooms
Baked beans
Hash brown

Egg
Sausage
2 slices of bacon
1 slice of sourdough

+ £1.95

2 slices of toast
with butter:
White, wholemeal
or NICG

Lunch Menu

All dishes are cooked to order and so we kindly ask that you allow us time to prepare your meal to the highest standard. *All dishes are subject to availability.*

Sandwiches

£8.95

Mon - Sat 11.30am - 3pm

Served with a salad garnish, coleslaw, honey & mustard salad dressing and crisps

Choice of: white, wholemeal or NICG bread

Free-Range Egg Mayo & Cress (V) (NICD)

Cheese & Red Onion Marmalade (V)

Prawns in Marie-Rose Sauce (NICD)

Coronation Chicken (NICD)

Tuna, Mayo and Cucumber (NICD)

Ham, Dijon Mustard and Salad (NICD)

BLT served with Mayo (NICD)

Fish Fingers served with Tartar Sauce (NICD)

Served until 2.30pm

Paninis

£8.95

Mon - Sat 11.30am - 3pm

Served with a salad garnish, coleslaw, honey & mustard salad dressing and crisps

Tuna & Cheese Melt

Cheese (V)

Ham, Cheese & Mustard Mayo

Cheese & Bacon
with Apple & Honey Chutney

Additional Topping

Add sliced tomatoes or mushrooms + £1

Extras

House Salad (V) (NICD)

Served until 3pm

£3.95

Portion of Chips (V) (NICD)

Served until 2.30pm

£3.95

Cheesy Chips (V) (Vg available)

Served until 2.30pm

£4.95

Roast diner available on Sundays, please ask for more details.

Main Dishes

Mon - Sat 11.30am - 2.30pm

Sweet Potato Soup

£5.95

Served with a homemade rosemary and garlic focaccia muffin (NICD) (NICG)

Sausage or Ham, Egg & Chips

£11.95

Local sausage or ham served with peas or baked beans (Vg sausage available) (NICD) (NICG)
Swap peas or baked beans for side salad + £1

Scampi & Chips

£12.95

Served with peas, tartar sauce and a lemon wedge

Pastry Meal

£10.95

Choice of meat / cheese & onion / vegan pastry or sausage roll, served hot with chips and baked beans

Homemade Quiche of the Day

£10.95

Served with chips or hasselback potatoes, a dressed salad and coleslaw

Grasemere Farm Pie

£13.95

Served with peas, gravy and a choice of chips or hasselback potatoes

Chicken Breast

£12.95

Served with leek, bacon & potato gratin and green beans

All Day Breakfast

£11.95

2 fried eggs, 2 local sausages, 2 slices of bacon, 2 hash browns, a portion of mushrooms, a portion of baked beans and 1 slice of toast (NICG bread available)

Crumbled Spicy Bean Salad



Spicy Bean Burger



Specials Board

Please view our *Specials Board* for dishes available today that are not featured in this menu

Burgers

Mon - Sat 11.30am - 2.30pm

All burger dishes served in a toasted bun

Cheese Burger £12.95

Steak burger served with bacon jam, burger sauce, applewood cheese, a dressed salad, coleslaw and chips

Spicy Bean Burger £11.95

A spicy bean burger served with lettuce, sliced tomato, smashed avocado, salad and chips (Vg)
Add cheese or vegan cheese + £1.50

Salads

from £10.95

Mon - Sat 11.30am - 3pm

Mixed salad leaves served with cucumber, tomato, coleslaw, a honey & mustard dressing, and a choice of topping:

Hot Chicken & Bacon Salad £12.95

(NICD) (NICG) Served 11.30am - 2.30pm

Cheese Salad (V) (NICG) £10.95

Ham Salad (NICD) (NICG) £11.95

Tuna Salad (NICD) (NICG) £11.95

Prawn Salad (NICD) (NICG) £11.95

Crumbled Spicy Bean Salad £11.95

(Vg when ordered without the dressing)
(NICD) (NICG)

Jacket Potatoes

from £6.95

Mon - Sat 11.30am - 3pm

Served with a salad garnish, coleslaw and a honey & mustard salad dressing

Plain (V) (Vg) (NICD) £6.95

Baked Beans (Vg) (NICD) £8.95

Cheese & Baked Beans (V) £8.95 (Vg cheese available)

Tuna Mayo & Spring Onion (NICD) £8.95

Coronation Chicken (NICD) £9.95

Prawns in Marie-Rose Sauce (NICD) £9.95

Additional Topping

Add cheese or vegan cheese + £1.50

Kids' Menu

Mon - Sat 11.30am - 3pm

Kids' Sandwiches £3.75

Served with salad and crisps on white, wholemeal or NICG bread
Choice of egg, ham, tuna or fish fingers* (NICD)

*Fish finger sandwich served until 2.30pm

Mon - Sat 11.30am - 2.30pm

½ Jacket Potato £5.95

Served with cheese, beans or tuna mayo

Crispy Chicken Chunks £5.95

Served with chips and a choice of baked beans or peas (NICD)

Local Sausage or Ham £5.95

Served with chips and a choice of baked beans or peas (NICD)

Vegan Sausage £5.95

Served with chips and a choice of baked beans or peas (NICD)

Fish Fingers £5.95

Served with chips and a choice of baked beans or peas (NICD)

½ Scampi £6.95

Served with chips, peas and tartar sauce

Light Bites

Available all day, *subject to availability*

Toasted Teacake (V) £2.95

Add jam + £0.60

Fruit Scone (V) £2.50

Add jam + £0.65

Add clotted cream + £1.20

Cheese Scone (V) £2.75

Add red onion marmalade + £1.50

Selection of Cakes *from* £2.95

Available at the counter

Sunday Lunch

Served 12pm - 2.30pm

Specials Board

Please view our *Specials Board* for dishes available today and that are not featured in this menu

Sandwiches

£8.95

Served with a salad garnish, coleslaw, honey & mustard salad dressing and crisps

Choice of: white, wholemeal or NICG bread

Free-Range Egg Mayo & Cress (V) (NICD)

Cheese & Red Onion Marmalade (V)

Prawns in Marie-Rose Sauce (NICD)

Coronation Chicken (NICD)

Tuna Mayo and Cucumber (NICD)

Ham, Dijon Mustard and Salad (NICD)

BLT served with Mayo (NICD)

Fish Fingers served with Tartar Sauce (NICD)

Paninis

£8.95

Served with a salad garnish, coleslaw, honey & mustard salad dressing and crisps

Tuna & Cheese Melt

Cheese (V)

Ham, Cheese & Mustard Mayo

Cheese & Bacon with

Apple & Honey Chutney

Additional Topping

Add sliced tomatoes or mushrooms + £1

Main Dishes

Sweet Potato Soup

£5.95

Served with a homemade rosemary and garlic focaccia muffin (NICD) (NICG)

Pastry Meal

£10.95

Choice of meat / cheese & onion / vegan pastry or sausage roll, served hot with chips and baked beans

Homemade Quiche of the Day

£10.95

Served with chips or hasselback potatoes, a dressed salad and coleslaw

Jacket Potatoes

from £6.95

Served with a salad garnish, coleslaw and a honey & mustard salad dressing

Plain (V) (Vg) (NICD) £6.95

Cheese & Baked Beans (V) £8.95
(Vg cheese available)

Baked Beans (Vg) (NICD) £8.95

Tuna Mayo & Spring Onion (NICD) £8.95

Coronation Chicken (NICD) £9.95

Prawns in Marie-Rose Sauce (NICD) £9.95

Additional Topping

Add cheese or vegan cheese + £1.50

Salads

from £10.95

Mixed salad leaves served with cucumber, tomato, coleslaw, a honey & mustard dressing and a choice of topping:

Hot Chicken & Bacon Salad

£12.95

(NICD) (NICG)

Cheese Salad (V) (NICG)

£10.95

Ham Salad (NICD) (NICG)

£11.95

Tuna Salad (NICD) (NICG)

£11.95

Prawn Salad (NICD) (NICG)

£11.95

Crumbled Bean Salad (NICD) (NICG)

£11.95

(Vg when ordered without the dressing)

Extras

from £3.95

Served all day, subject to availability

House Salad (V) (NICD)

£3.95

Portion of Chips (V) (NICD)

£3.95

Cheesy Chips (V) (Vg cheese available)

£4.95



Sunday Lunch

Sunday Roasts

Served 12pm - 2.30pm

Topside of Beef

Served with roasted potatoes, roasted vegetables, cabbage, Yorkshire pudding*, gravy and horseradish sauce (NICD)

Adults' £15.95

Kids' £7.95

Roast Pork Loin

Served with roasted potatoes, roasted vegetables, cabbage, Yorkshire pudding*, gravy and apple sauce (NICD)

Adults' £15.95

Kids' £7.95

Vegan Butternut

Squash Wellington

A Wellington with a butternut squash, walnut, mushroom and spinach pureé filling, served with roasted potatoes, roasted vegetables, cabbage, Yorkshire pudding*, gravy (NICD)

Adults' £14.95

Kids' £7.95

Roast Dinner Extras

Vegetables + £1.50

Potatoes + £1.50

Yorkshire pudding* + £1.50

Gravy + £1.50

Kids' Menu

from £3.75

Served 12pm - 2.30pm

Kids' Sandwiches

£3.75

Served with salad and crisps on white, wholemeal or NICG bread.

Choice of egg, ham, tuna or fish fingers (NICD)

½ Jacket Potato

£5.95

Served with cheese, beans or tuna mayo

Crispy Chicken Chunks

£5.95

Served with chips and a choice of baked beans or peas (NICD)

Fish Fingers

£5.95

Served with chips and a choice of baked beans or peas (NICD)

Light Bites

Served all day, subject to availability

Toasted Teacake (V)

£2.95

Add jam + £0.60

Fruit Scone (V)

£2.50

Add jam + £0.60

Add clotted cream + £1.20

Cheese Scone (V)

£2.75

Add red onion marmalade + £1.50

Selection of Cakes

from £2.95

Available at the counter

Serving Times

All dishes are cooked to order and so we kindly ask that you allow us time to prepare your meal to the highest standard.

All dishes are subject to availability.

Allergie & Icon Index

NICG	No ingredients containing gluten
NICD	No ingredients containing dairy
Vg	Vegan
V	Vegetarian
*	Not vegan

If you have a food allergy, intolerance or Coeliac disease please speak to a member of staff before you order as we can provide allergen and ingredient information for all of the food and drinks we serve.

Please be aware we do not run a nut-free or gluten-free kitchen and therefore cross-contact can occur within our kitchen and servery. We are always happy to help.

Your Scotsdales

Did you know you can get a little back every time you enjoy any refreshments in our Sunflower Café?

Earn *Your Scotsdales* points on every £1 spent in store and in our cafés that you can redeem against purchases later on! *Plus* receive monthly exclusive offers direct to your inbox - *all for free!*



Join instantly for *free* today by scanning the QR code or visiting www.scotsdales.com

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£12.50
for two sharing

Cream Tea for Two

Available all day Mon - Sun

Share a delicious treat with friends and family, available at all Sunflower Cafés

Cream tea includes a homemade scone served with clotted cream, pot of jam and a regular hot drink for two

Cream tea for one £6.75

Booking only required for parties of 8+

To book call 01638 720455,
email cafordham@scotsdales.com
or speak to a member of the Café Team

While stocks last